Name		- <b>*</b>
Date	— Soccer	*
Period	— Skills	
	— Assessment	
Teacher		<b>(*)</b>

## Soccer Skills Assessment:

• All skills are assessed based on a **Kinetic Chain** – *Using multiple muscle groups in one fluid movement pattern*.

	Soccer Skill	Attempts		ots	Instructional Cues		
Dri	Dribbling 1 2 3						
1	Contact ball with sides of feet					83	
2	Keep the ball close					Ball stays	
3	Run					close	
4	Eyes up				Inside of feet	-1	
5	Control ball with both feet						
Pas	sing	1	2	3			
1	Strike ball with sides of feet				Kick with inside of foot	The The	
2	Step next to ball						
3	Aim plant foot towards target					ù-	
4	Pass while moving				Step next	Pass while moving	
5	Pass reaches target				July 1		
Thi	row-In	1	2	3	THE RESERVE TO SERVE		
1	Two hands on the ball (form W)				Step and Stay	Ball starts	
2	Ball starts behind head					behind head	
3	Step and drag toe while releasing ball					feet	
4	Both feet stay on the ground				drag foot	on ground	
5	Throw-in reaches target						

Evaluators	Name
Dribbling	
Passing	
Shooting	